ReadMe for Data for: Guilt-free pleasures: Are low-calorie sweetened beverages helpful for the control of food intake by Niamh Maloney\*, Paul Christiansen, Joanne A. Harrold, Jason C. G. Halford & Charlotte A. Hardman

This readme file describes the data files and supplementary files accompanying the above publication. For any further queries please contact Niamh: n.maloney@liverpool.ac.uk

The software needed to open these files is SPPS statistical software.

1. Study 1

File contains descriptives for frequent and non-consumers of LCS beverages, food intake, appetite measures, attentional bias (gaze dwell time bias and reaction times) craving manipulation data. There is also data relating to the supplementary materials.

1. Study 2

File contains, descriptives for frequent consumers. Manipulation conditions, appetite measure, food intake and attentional bias (reaction times). Contains analysis for both main study and supplementary material.